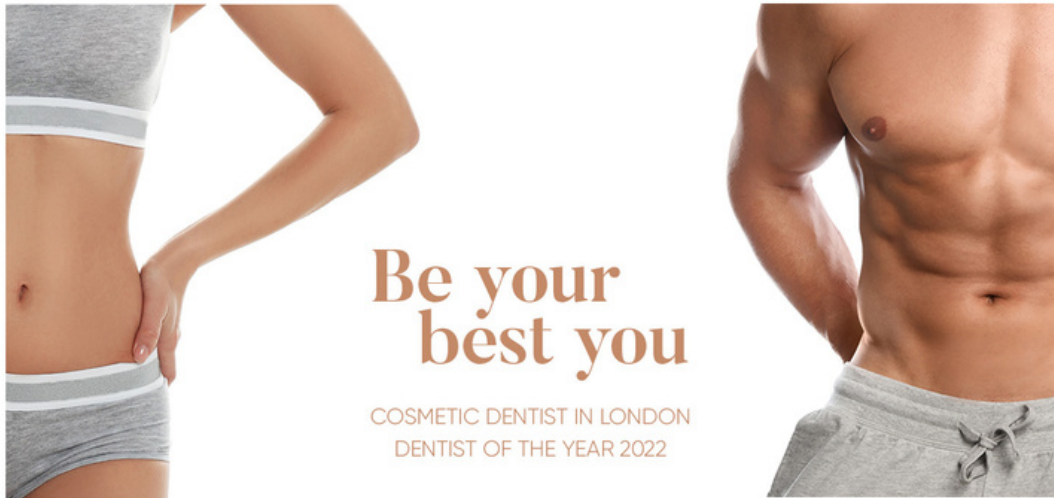


DRMR



Over these next few weeks we will be telling you the various treatments you can combine, all available at DRMR to optimise your body. You heard about our Dietitian, we will be telling you about our DNA tests and our DRMR Tight which uses ultrasound to bust stubborn body fat. Using a team of world experts to help you **Be Your Best You.** It is time to tell you about our Body Transformation Coach.

Meet Chris Scud

Chris says:

"Looking and feeling perfect doesn't have to be just a dream you carry with you every day for years or even decades. It's literally just weeks away from you!!



- Lose body fat and gain muscle effortlessly
- Feel more attractive
- Start looking like a superhero
- Elevate your social power

A combined high-intensity interval training with Resistance Training in a single workout for Epic results:

- Simple and easy to follow exercise routine
- Effective at home or while traveling
- Designed to allow you to put as much muscle naturally and burn as much fat as possible in the shortest amount of time, with the least amount of work.
- Faster than usual results will keep you excited and motivated
- Each workout only takes 10 minutes to complete

Let's get you started!

For a **free consultation** with Chris to see how he can help you bring exercise back into your life or help you optimise your workout plan, contact us.

We can arrange a meeting in clinic or over zoom **free of charge.**

[Book now](#)