

DRMR



We are offering state of the art DNA testing at DRMR

Come in and complete a simple saliva sample, we can uncover 70 genes that will help you understand how to:

1. Help you lose fat for good
2. Reduce the risk of disease
3. Improve gut health
4. Boost energy
5. Optimise sleep
6. Support immunity
7. Enhance mood
8. Sharpen memory
9. Support fertility
10. Balance hormones
11. And much more...

The best bit? Your genes do not change, so all dietary and lifestyle recommendations will be something you want to follow long-term to create a lifestyle rather than a 'short-term fad diet'.

The test costs £830 and results come back after around 4 weeks.

You can now also UPGRADE your DNA test to include your Skin Health.

Use state-of-the-art genetic testing to analyse your DNA to determine how your genes can influence your skin's ability to combat the signs of ageing, and how your body metabolizes nutrients that support skin health.

Based on these results, we have determined your propensity to develop signs of skin ageing and provide nutrition recommendations aligned with your genetic profile.

We can use this test to support your skincare goals and overall wellness.

You can now use the information to create a personalised skin care protocol on top of your DNA testing for health and diet.

This test includes the above test of 70 genes but also a skin ageing analysis and costs £980. Your results will be back in around 4 weeks

Once your results are back we book you for a thorough breakdown of your results with our DNA Dietitian, Rachel.

Hear from Rachel below:

My name is Rachel Clarkson and I am a specialist DNA Dietitian at DRMR, Its been my life's mission to help people lie you finally know what to eat and stop the constant guessing game.



Imagine being clear on the foods your body needs more or less of to thrive, understanding your food intolerances and unique requirements that will influence the portions you need to be eating to achieve your goals faster!

Over the past five years, I have helped over 600 people to eat the DNA way, a diet and lifestyle bespoke to them based on a simple yet effective DNA world-leading test. I have been featured in Women's Health, Men's Health, and BBC Future, I'm also a licensed and board-certified Dietitian which means you can finally put your trust into this way of eating for life.

You can call/WhatsApp/text 07770 117 000 or email us at bookings@drmr.co.uk to book to come clinic or to have a DNA test sent to your home address.

Just reply to this email with 'DNA' if you would like to arrange this or discuss further.

[CONTACT US HERE](#)